



# BREAKFAST

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

|    |  |  |  |   |  |    |
|----|--|--|--|---|--|----|
|    | 1<br>French Toast<br>Pears<br>Milk     | 2<br>Cinnamon Toast<br>Cereal w/ Milk<br>Pineapples  | 3<br>Blueberry Muffin<br>Fruit cocktail,<br>Milk             | 4<br>Pancake &<br>Sausage on a<br>stick<br>Pears<br>Milk  | 5<br>Nutrigrain Bar<br>Mandarin Oranges<br>Milk  | 6  |
| 7  | 8<br>Honey Buns<br>Applesauce<br>Milk  | 9<br>Cheerios w/ Milk<br>Peaches                     | 10<br>Buttermilk Biscuit<br>w/ Jelly<br>Fruit cocktail, Milk | 11<br>Sausage &<br>Cheese Kolache<br>Pineapples<br>Milk   | 12<br>Cereal Bar<br>Mandarin Oranges<br>Milk     | 13 |
| 14 | 15<br>French Toast<br>Pears<br>Milk    | 16<br>Cinnamon Toast<br>Cereal w/ Milk<br>Pineapples | 17<br>Blueberry Muffin<br>Fruit cocktail,<br>Milk            | 18<br>Pancake &<br>Sausage on a<br>stick<br>Pears<br>Milk | 19<br>Nutrigrain Bar<br>Mandarin Oranges<br>Milk | 20 |
| 21 | 22<br>Honey Buns<br>Applesauce<br>Milk | 23<br>Cheerios w/ Milk<br>Peaches                    | 24<br>Buttermilk Biscuit<br>w/ Jelly<br>Fruit cocktail, Milk | 25<br>Sausage &<br>Cheese Kolache<br>Pineapples<br>Milk   | 26<br>Cereal Bar<br>Mandarin Oranges<br>Milk     | 27 |
| 28 | 29<br>French Toast<br>Pears<br>Milk    | 30<br>Cinnamon Toast<br>Cereal w/ Milk<br>Pineapples | 31<br>Blueberry Muffin<br>Fruit cocktail,<br>Milk            |   |  |    |
|    |  |  |  |   |  |    |

## NOTES:

We serve a kid-friendly, USDA approved meal in which we have a two week revolving menu.

Our Breakfast Serving time is from 7:00-8:00am.

Here is a general example of the meals we provide.



# LUNCH & SNACK

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

## NOTES:

We serve a kid-friendly, USDA approved meal in which we have a two week revolving menu.

Here is a general example of the meals we provide.

| SUNDAY | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY |
|--------|---|--|--|---|---|----------|
|        | 1<br>BBQ Beef Sandw.<br>Tater Tots,<br>Pineapples, Milk<br>Snack: Cheetos Puffs, Apple Juice    | 2<br>Fish Nuggets, Mac n Cheese, Mixed Veggies, Fruit Cocktail, Milk<br>Snack: Yogurt & Nilla Wafers, Water  | 3<br>Broccoli Rice Casserole W/Chicken, Pears, Milk<br>Snack: Trail Mix & Apple Juice                | 4<br>Steak Fingers, Mashed Potatoes, Mandarin Oranges, Milk<br>Snack: Dole Fruit cups   | 5<br>Turkey Corndogs, Green Beans, Peaches, Milk<br>Snack: Ritz Crackers, Cheese Sticks, Apple Juice  | 6        |
| 7      | 8<br>Cheese Pizza, Peas & Carrots, Apple Sauce, Milk<br>Snack: Choc. Chip Cookies, Apple juice  | 9<br>Cheese Burger, Pickle, Fruit Cocktail, Milk<br>Snack: Oranges, Saltines, Water                          | 10<br>Grilled Chicken Breast, Vegetable Rice Pilaf, Pineapples, Milk<br>Snack: Goldfish, Apple Juice | 11<br>Turkey Sandwich, Salad, Mandarin Oranges, Milk<br>Snack: Bug Bites, Grapes, Water | 12<br>Chicken Nuggets, Carrots, Pears, Milk<br>Snack: Animal Crackers, Apple Juice                    | 13       |
| 14     | 15<br>BBQ Beef Sandw.<br>Tater Tots,<br>Pineapples, Milk<br>Snack: Cheetos Puffs, Apple Juice   | 16<br>Fish Nuggets, Mac n Cheese, Mixed Veggies, Fruit Cocktail, Milk<br>Snack: Yogurt & Nilla Wafers, Water | 17<br>Broccoli Rice Casserole W/Chicken, Pears, Milk<br>Snack: Trail Mix & Apple Juice               | 18<br>Steak Fingers, Mashed Potatoes, Mandarin Oranges, Milk<br>Snack: Dole Fruit cups  | 19<br>Turkey Corndogs, Green Beans, Peaches, Milk<br>Snack: Ritz Crackers, Cheese Sticks, Apple Juice | 20       |
| 21     | 22<br>Cheese Pizza, Peas & Carrots, Apple Sauce, Milk<br>Snack: Choc. Chip Cookies, Apple juice | 23<br>Cheese Burger, Pickle, Fruit Cocktail, Milk<br>Snack: Oranges, Saltines, Water                         | 24<br>Grilled Chicken Breast, Vegetable Rice Pilaf, Pineapples, Milk<br>Snack: Goldfish, Apple Juice | 25<br>Turkey Sandwich, Salad, Mandarin Oranges, Milk<br>Snack: Bug Bites, Grapes, Water | 26<br>Chicken Nuggets, Carrots, Pears, Milk<br>Snack: Animal Crackers, Apple Juice                    | 27       |
| 28     | 29<br>BBQ Beef Sandw.<br>Tater Tots,<br>Pineapples, Milk<br>Snack: Cheetos Puffs, Apple Juice   | 30<br>Fish Nuggets, Mac n Cheese, Mixed Veggies, Fruit Cocktail, Milk<br>Snack: Yogurt & Nilla Wafers, Water | 31<br>Broccoli Rice Casserole W/Chicken, Pears, Milk<br>Snack: Trail Mix & Apple Juice               |   |   |          |
|        |   |  |  |   |   |          |